

# COVID-19 is an emerging, rapidly evolving situation.

Get the latest public health information from CDC: <https://www.coronavirus.gov>

Get the latest research information from NIH: <https://www.nih.gov/coronavirus>

## The National Institute of Mental Health (NIMH) is the lead federal agency for research on mental disorders.

### Health Topics

([www.nimh.nih.gov/health/topics/index.shtml](http://www.nimh.nih.gov/health/topics/index.shtml))

[Anxiety Disorders \(www.nimh.nih.gov/health/topics/anxiety-disorders/index.shtml\)](http://www.nimh.nih.gov/health/topics/anxiety-disorders/index.shtml)

[Attention-Deficit/Hyperactivity Disorder \(www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml\)](http://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml)

[Autism Spectrum Disorder \(www.nimh.nih.gov/health/topics/autism-spectrum-disorders-asd/index.shtml\)](http://www.nimh.nih.gov/health/topics/autism-spectrum-disorders-asd/index.shtml)

[Bipolar Disorder \(www.nimh.nih.gov/health/topics/bipolar-disorder/index.shtml\)](http://www.nimh.nih.gov/health/topics/bipolar-disorder/index.shtml)

[Borderline Personality Disorder \(www.nimh.nih.gov/health/topics/borderline-personality-disorder/index.shtml\)](http://www.nimh.nih.gov/health/topics/borderline-personality-disorder/index.shtml)

[Depression \(www.nimh.nih.gov/health/topics/depression/index.shtml\)](http://www.nimh.nih.gov/health/topics/depression/index.shtml)

[Eating Disorders \(www.nimh.nih.gov/health/topics/eating-disorders/index.shtml\)](http://www.nimh.nih.gov/health/topics/eating-disorders/index.shtml)

[Obsessive-Compulsive Disorder \(www.nimh.nih.gov/health/topics/obsessive-compulsive-disorder-ocd/index.shtml\)](http://www.nimh.nih.gov/health/topics/obsessive-compulsive-disorder-ocd/index.shtml)

[Post-Traumatic Stress Disorder \(www.nimh.nih.gov/health/topics/post-traumatic-stress-disorder-ptsd/index.shtml\)](http://www.nimh.nih.gov/health/topics/post-traumatic-stress-disorder-ptsd/index.shtml)

[Schizophrenia \(www.nimh.nih.gov/health/topics/schizophrenia/index.shtml\)](http://www.nimh.nih.gov/health/topics/schizophrenia/index.shtml)

[Suicide Prevention \(www.nimh.nih.gov/health/topics/suicide-prevention/index.shtml\)](http://www.nimh.nih.gov/health/topics/suicide-prevention/index.shtml)

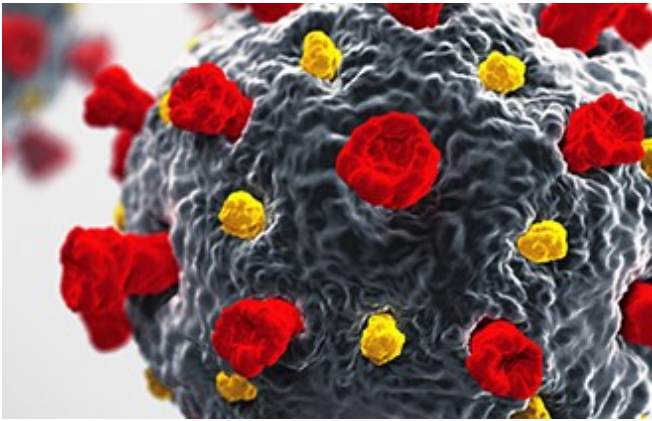
[More Topics \(www.nimh.nih.gov/health/topics/index.shtml\)](http://www.nimh.nih.gov/health/topics/index.shtml)

### Featured Topics



### Director's Message: RDoC at Ten Years: Part 1

([www.nimh.nih.gov/about/director/messages/2020/rdoc-at-ten-years-part-1.shtml](http://www.nimh.nih.gov/about/director/messages/2020/rdoc-at-ten-years-part-1.shtml))



## **Shareable Resources on Coping with COVID-19**

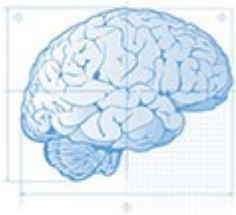
[www.nimh.nih.gov/health/education-awareness/shareable-resources-on-coping-with-covid-19.shtml](http://www.nimh.nih.gov/health/education-awareness/shareable-resources-on-coping-with-covid-19.shtml)



## **Back to School and Mental Health**

[www.nimh.nih.gov/health/education-awareness/shareable-resources-on-child-and-adolescent-mental-health.shtml](http://www.nimh.nih.gov/health/education-awareness/shareable-resources-on-child-and-adolescent-mental-health.shtml)

## **In the News ([www.nimh.nih.gov/news/science-news/index.shtml](http://www.nimh.nih.gov/news/science-news/index.shtml))**



[www.nimh.nih.gov/news/science-news/2020/study-shows-highly-reproducible-sex-differences-in-aspects-of-human-brain-anatomy.shtml](http://www.nimh.nih.gov/news/science-news/2020/study-shows-highly-reproducible-sex-differences-in-aspects-of-human-brain-anatomy.shtml)

**Study Shows Reproducible Sex Differences in Brain Anatomy ([www.nimh.nih.gov/news/science-news/2020/study-shows-highly-reproducible-sex-differences-in-aspects-of-human-brain-anatomy.shtml](http://www.nimh.nih.gov/news/science-news/2020/study-shows-highly-reproducible-sex-differences-in-aspects-of-human-brain-anatomy.shtml))**

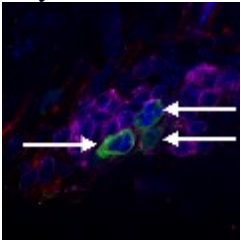
July 20, 2020



([www.nimh.nih.gov/news/science-news/2020/outdoor-light-linked-with-teens-sleep-and-mental-health.shtml](http://www.nimh.nih.gov/news/science-news/2020/outdoor-light-linked-with-teens-sleep-and-mental-health.shtml))

### **Outdoor Light Linked with Teens' Sleep and Mental Health ([www.nimh.nih.gov/news/science-news/2020/outdoor-light-linked-with-teens-sleep-and-mental-health.shtml](http://www.nimh.nih.gov/news/science-news/2020/outdoor-light-linked-with-teens-sleep-and-mental-health.shtml))**

July 8, 2020

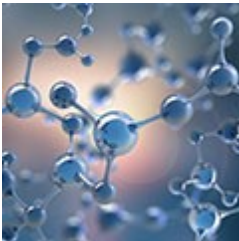


([www.nimh.nih.gov/news/science-news/2020/brain-cells-can-harbor-and-spread-hiv-virus-to-the-body.shtml](http://www.nimh.nih.gov/news/science-news/2020/brain-cells-can-harbor-and-spread-hiv-virus-to-the-body.shtml))

### **Brain Cells Can Harbor and Spread HIV Virus to the Body ([www.nimh.nih.gov/news/science-news/2020/brain-cells-can-harbor-and-spread-hiv-virus-to-the-body.shtml](http://www.nimh.nih.gov/news/science-news/2020/brain-cells-can-harbor-and-spread-hiv-virus-to-the-body.shtml))**

June 11, 2020

## **Research Highlights ([www.nimh.nih.gov/news/research-highlights/index.shtml](http://www.nimh.nih.gov/news/research-highlights/index.shtml))**



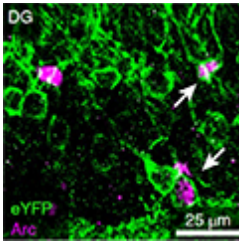
([www.nimh.nih.gov/news/research-highlights/2020/genetic-variations-highlight-the-importance-of-metabolic-processes-in-anorexia.shtml](http://www.nimh.nih.gov/news/research-highlights/2020/genetic-variations-highlight-the-importance-of-metabolic-processes-in-anorexia.shtml))

**Genetic Variations Highlight the Importance of Metabolic Processes in Anorexia ([www.nimh.nih.gov/news/research-highlights/2020/genetic-variations-highlight-the-importance-of-metabolic-processes-in-anorexia.shtml](http://www.nimh.nih.gov/news/research-highlights/2020/genetic-variations-highlight-the-importance-of-metabolic-processes-in-anorexia.shtml))**



([www.nimh.nih.gov/news/research-highlights/2020/supporting-the-development-of-early-autism-screening-tools.shtml](http://www.nimh.nih.gov/news/research-highlights/2020/supporting-the-development-of-early-autism-screening-tools.shtml))

**Supporting the Development of Early Autism Screening Tools ([www.nimh.nih.gov/news/research-highlights/2020/supporting-the-development-of-early-autism-screening-tools.shtml](http://www.nimh.nih.gov/news/research-highlights/2020/supporting-the-development-of-early-autism-screening-tools.shtml))**



([www.nimh.nih.gov/news/research-highlights/2020/brain-processes-underlying-the-extinction-and-reactivation-](http://www.nimh.nih.gov/news/research-highlights/2020/brain-processes-underlying-the-extinction-and-reactivation-of-fear-memories.shtml)

[of-fear-memories.shtml](http://www.nimh.nih.gov/news/research-highlights/2020/brain-processes-underlying-the-extinction-and-reactivation-of-fear-memories.shtml))

**Brain Processes Underlying the Extinction and Reactivation of Fear Memories** ([www.nimh.nih.gov/news/research-highlights/2020/brain-processes-underlying-the-extinction-and-reactivation-of-fear-memories.shtml](http://www.nimh.nih.gov/news/research-highlights/2020/brain-processes-underlying-the-extinction-and-reactivation-of-fear-memories.shtml))

## **About NIMH ([www.nimh.nih.gov/about/index.shtml](http://www.nimh.nih.gov/about/index.shtml))**



([www.nimh.nih.gov/about/director/index.shtml](http://www.nimh.nih.gov/about/director/index.shtml))

### **Director of NIMH ([www.nimh.nih.gov/about/director/index.shtml](http://www.nimh.nih.gov/about/director/index.shtml))**

*Joshua A. Gordon M.D., Ph.D.*



([www.nimh.nih.gov/about/strategic-planning-reports/index.shtml](http://www.nimh.nih.gov/about/strategic-planning-reports/index.shtml))

### **NIMH Strategic Plan ([www.nimh.nih.gov/about/strategic-planning-reports/index.shtml](http://www.nimh.nih.gov/about/strategic-planning-reports/index.shtml))**

Read about our plan for the institute's research priorities.



([www.nimh.nih.gov/research/research-funded-by-nimh/inside-nimh/index.shtml](http://www.nimh.nih.gov/research/research-funded-by-nimh/inside-nimh/index.shtml))

### **Inside NIMH ([www.nimh.nih.gov/research/research-funded-by-nimh/inside-nimh/index.shtml](http://www.nimh.nih.gov/research/research-funded-by-nimh/inside-nimh/index.shtml))**

Funding News for Current and Future NIMH Awardees.



[www.nimh.nih.gov/funding/index.shtml](http://www.nimh.nih.gov/funding/index.shtml)

## **Funding ([www.nimh.nih.gov/funding/index.shtml](http://www.nimh.nih.gov/funding/index.shtml))**

Find NIMH funding opportunities and announcements, including those specific to clinical research and training, and learn more about NIMH funding strategies, the application process, and grants management.

[Read More \(\[www.nimh.nih.gov/funding/index.shtml\]\(http://www.nimh.nih.gov/funding/index.shtml\)\)](http://www.nimh.nih.gov/funding/index.shtml)



[www.nimh.nih.gov/health/find-help/index.shtml](http://www.nimh.nih.gov/health/find-help/index.shtml)

## **Finding Treatment ([www.nimh.nih.gov/health/find-help/index.shtml](http://www.nimh.nih.gov/health/find-help/index.shtml))**

If you or someone you know has a mental illness, there are ways to get help. Use these resources to find help for yourself, a friend, or a family member.

[Read More \(\[www.nimh.nih.gov/health/find-help/index.shtml\]\(http://www.nimh.nih.gov/health/find-help/index.shtml\)\)](http://www.nimh.nih.gov/health/find-help/index.shtml)



[study/index.shtml](http://www.nimh.nih.gov/research/research-conducted-at-nimh/join-a-study/index.shtml))

[\(www.nimh.nih.gov/research/research-conducted-at-nimh/join-a-](http://www.nimh.nih.gov/research/research-conducted-at-nimh/join-a-study/index.shtml)

## **Join A Study ([www.nimh.nih.gov/research/research-conducted-at-nimh/join-a-study/index.shtml](http://www.nimh.nih.gov/research/research-conducted-at-nimh/join-a-study/index.shtml))**

Learn more about how to participate in outpatient and inpatient studies at the NIH Clinical Center, a hospital dedicated to the highest quality research.

[Read More \(\[www.nimh.nih.gov/research/research-conducted-at-nimh/join-a-study/index.shtml\]\(http://www.nimh.nih.gov/research/research-conducted-at-nimh/join-a-study/index.shtml\)\)](http://www.nimh.nih.gov/research/research-conducted-at-nimh/join-a-study/index.shtml)

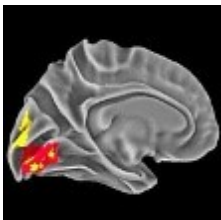
## **Featured Resources**



[\(www.nimh.nih.gov/health/publications/index.shtml\)](http://www.nimh.nih.gov/health/publications/index.shtml)

## **Brochures and Fact Sheets ([www.nimh.nih.gov/health/publications/index.shtml](http://www.nimh.nih.gov/health/publications/index.shtml))**

Explore NIMH brochures and fact sheets. [En Español \(\[www.nimh.nih.gov/health/publications/espanol/index.shtml\]\(http://www.nimh.nih.gov/health/publications/espanol/index.shtml\)\)](http://www.nimh.nih.gov/health/publications/espanol/index.shtml).



[\(www.nimh.nih.gov/research/index.shtml\)](http://www.nimh.nih.gov/research/index.shtml)

## **Research ([www.nimh.nih.gov/research/index.shtml](http://www.nimh.nih.gov/research/index.shtml))**

Learn more about our research areas, policies, resources, and initiatives.





[www.nimh.nih.gov/research/research-conducted-at-nimh/principal-investigators/intramural-investigators.shtml](http://www.nimh.nih.gov/research/research-conducted-at-nimh/principal-investigators/intramural-investigators.shtml)

## **Investigators ([www.nimh.nih.gov/research/research-conducted-at-nimh/principal-investigators/index.shtml](http://www.nimh.nih.gov/research/research-conducted-at-nimh/principal-investigators/index.shtml))**

Learn more about scientists, physicians, and clinicians in NIMH's Division of Intramural Research Programs (IRP).



[www.nimh.nih.gov/research/research-funded-by-nimh/rdoc/index.shtml](http://www.nimh.nih.gov/research/research-funded-by-nimh/rdoc/index.shtml)

## **RDoC ([www.nimh.nih.gov/research/research-funded-by-nimh/rdoc/index.shtml](http://www.nimh.nih.gov/research/research-funded-by-nimh/rdoc/index.shtml))**

Learn more about Research Domain Criteria Initiative (RDoC), a research framework that supports new ways of studying mental disorders.



[www.nimh.nih.gov/news/social-media/index.shtml](http://www.nimh.nih.gov/news/social-media/index.shtml)

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[www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml](http://www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml)

[www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml](http://www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml)

## **Support for Clinical Trials ([www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml](http://www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml))**

Learn more about clinical trials and funding opportunity announcements.

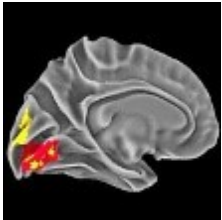
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([www.nimh.nih.gov/health/publications/index.shtml](http://www.nimh.nih.gov/health/publications/index.shtml))

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([www.nimh.nih.gov/research/index.shtml](http://www.nimh.nih.gov/research/index.shtml))

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([www.nimh.nih.gov/research/research-conducted-at-nimh/principal-investigators/intramural-investigators.shtml](http://www.nimh.nih.gov/research/research-conducted-at-nimh/principal-investigators/intramural-investigators.shtml))

## **Principal Investigators ([www.nimh.nih.gov/research/research-conducted-at-nimh/principal-investigators/intramural-investigators.shtml](http://www.nimh.nih.gov/research/research-conducted-at-nimh/principal-investigators/intramural-investigators.shtml))**

Learn more about scientists, physicians, and clinicians in NIMH's Division of Intramural Research Programs (IRP).



([www.nimh.nih.gov/research/research-funded-by-nimh/rdoc/research-domain-criteria-rdoc.shtml](http://www.nimh.nih.gov/research/research-funded-by-nimh/rdoc/research-domain-criteria-rdoc.shtml))

## **RDoC ([www.nimh.nih.gov/research/research-funded-by-nimh/rdoc/research-domain-criteria-rdoc.shtml](http://www.nimh.nih.gov/research/research-funded-by-nimh/rdoc/research-domain-criteria-rdoc.shtml))**

Learn more about Research Domain Criteria Initiative (RDoC), a research framework that supports new ways of studying mental disorders.





[www.nimh.nih.gov/news/social-media/index.shtml](http://www.nimh.nih.gov/news/social-media/index.shtml)

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[www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml](http://www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml)

[www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml](http://www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml)

## **Support for Clinical Trials ([www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml](http://www.nimh.nih.gov/funding/opportunities-announcements/clinical-trials-foas/index.shtml))**

Learn more about clinical trials and funding opportunity announcements.

## **Contact Us**

The National Institute of Mental Health Information Resource Center

Available in English and Español

**Hours:** 8:30 a.m. to 5 p.m. Eastern time, M-F

**Phone:** [1-866-615-6464](tel:1-866-615-6464)

**TTY:** [1-301-443-8431](tel:1-301-443-8431)

**TTY (toll-free):** [1-866-415-8051](tel:1-866-415-8051)

**Live Online Chat:** [Talk to a representative](#)

**Email:** [nimhinfo@nih.gov](mailto:nimhinfo@nih.gov)

**Fax:** 1-301-443-4279

**Mail:** National Institute of Mental Health  
Office of Science Policy, Planning, and Communications  
6001 Executive Boulevard, Room 6200, MSC 9663  
Bethesda, MD 20892-9663

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